

Care Following Circumcision

Discharge from hospital:

Circumcision is a day only procedure: therefore your child will usually be discharged the same day following his surgery.

Diet:

Once your son is fully awake after his procedure he will be offered clear fluids and if this is tolerated he can then progress to a normal diet. Infants can resume breast feeding or formula once they have tolerated water.

Pain relief:

Your son will have an anaesthetic block in the theatre that usually lasts for 8 -10 hours. After this paracetamol is the drug of choice if pain relief is required. The nurse can advise you of the dosage before you leave the hospital. For older children Painstop may be useful; the anaesthetist will advise you of this on the day.

NOTE: Do not use Aspirin or Dispirin as this may promote bleeding.

Wound care:

- The stitches should dissolve within 10 -14 days. Expect some swelling, redness and a degree of bruising around the penis.
- A white membrane might develop on the head of the penis and this will come away after a week or so. Slight bleeding or some minor ooze is common for a few days.
- You should give your son salt baths twice a day for one week after his surgery and after the bath apply Chloromycetin cream to the wound and head of the penis. Once the cream is finished Vaseline can be used.

Complications:

Vomiting post-anaesthetic may occur and it is best to give nothing for an hour and then only offer water in small amounts until the vomiting / nausea have stopped.

You should contact Dr Henry's rooms or the hospital if the following occurs:

- Your son has difficulty passing urine.
- Develops a temperature above 38°C.
- His pain is not relieved by the recommended dose of paracetamol.
- His penis becomes red and inflamed or a discharge develops from the wound.
- There is bleeding from the penis.

Back to school:

Keep your child home for 2 or 3 days. If your child has no discomfort then school can be commence 7 days after the operation. Older boys tend to be slower to recover from the surgery. Swimming can commence 10 days after the operation.

Follow up appointment:

Please call Dr Henry's rooms on 9650-4422 when you get home to book your post operative appointment. This is usually 4 weeks after surgery but if you have any concerns before this please call.

Should a medical certificate be required please contact us and one can be provided.